

Problem Solving

Try 2 before talking

to a teacher or adult:

* Wait and cool off before attempting to solve the problem yourself
* Go to another game or activity
* Share and take turns
* Respectfully talk it over and listen to each other
* Ignore the problem or behavior
* Tell the person to stop the problem behavior
* Apologize “I’m sorry I…next time I will…”
* Make a deal or compromise “I can play with you as long as you…”
* Bugs and wishes “It bugs me when you… and I wish you would…”